As of 7th October 2026

The University Sports Federation of Hong Kong, China
The 61st Annual Aquatic Meet

Date: Sunday, 08 November 2026
Venue: Sun Yat Sen Memorial Park Swimming Pool

Programme

Athlete Identity Check: 08:15

08:30-12:00 Training Pool
08:30-09:00 Main Pool — **Morning Warm Up**
09:00-09:15 Start and Short Sprint

Athlete Oath: 09:20

Start: 09:30

Event No.		Event		Group
1	F	200M Freestyle	(Final)	2
2	M	200M Freestyle	(Final)	2
3	F	200M Breaststroke	(Final)	2
4	M	200M Breaststroke	(Final)	2
5	F	200M Backstroke	(Final)	2
6	M	200M Backstroke	(Final)	2
7	F	200M Butterfly	(Final)	2
8	M	200M Butterfly	(Final)	2
9	F	4x50M Medley Relay	(Final)	2
10	M	4x50M Medley Relay	(Final)	2
Warm Down Session				
11	F	100M Freestyle	(Final)	3
12	M	100M Freestyle	(Final)	3
13	F	100M Breaststroke	(Final)	3
14	M	100M Breaststroke	(Final)	3
15	F	100M Backstroke	(Final)	2
16	M	100M Backstroke	(Final)	2
17	F	100M Butterfly	(Final)	2
18	M	100M Butterfly	(Final)	2
Lunch				

Athlete Identity Check: 13:15

13:00-16:30 Training Pool
13:00-13:30 Main Pool — **Afternoon Warm Up**
13:30-13:45 Start and Short Sprint

Start: 14:00

Event No.		Event		Group
19	F	200M Ind. Medley	(Final)	2
20	M	200M Ind. Medley	(Final)	2
21	F	50M Freestyle	(Final)	3
22	M	50M Freestyle	(Final)	3
23	F	50M Breaststroke	(Final)	2
24	M	50M Breaststroke	(Final)	3
25	F	50M Backstroke	(Final)	2
26	M	50M Backstroke	(Final)	3
27	F	50M Butterfly	(Final)	3
28	M	50M Butterfly	(Final)	3
29	F	400M Freestyle	(Final)	2
30	M	400M Freestyle	(Final)	2
Warm Down Session				
31	F	4x100M Freestyle Relay	(Final)	1
32	M	4x100M Freestyle Relay	(Final)	2
33	Mixed	*4x50M Freestyle Relay	(Final)	2
16:00 Prize Presentation				

*Non-scoring trial event