Rules and Regulations

1. **Format of Competition**
   a) Each institution may enter TWO competitors for each individual event and ONE team for each of the relay event.
   b) Each competitor may enter a maximum of TWO individual events (excluding relay events).
   c) All competitions will adopt the "Straight Final" format.
   d) Competition Events:

Men's:	Freestyle	–	50m, 100m, 200m, 400m
	Breaststroke	–	50m, 100m, 200m
	Butterfly	–	50m, 100m, 200m
	Backstroke	–	50m, 100m, 200m
	Individual Medley	–	200m
	Relay	–	4x100m Freestyle
		–	4x50m Medley
Women's:	Freestyle	–	50m, 100m, 200m, 400m
	Breaststroke	–	50m, 100m, 200m
	Butterfly	–	50m, 100m, 200m
	Backstroke	–	50m, 100m, 200m
	Individual Medley	–	200m
	Relay	–	4x100m Freestyle
		–	4x50m Medley
*#Mixed:	Relay	–	4x50m Freestyle

   * Excluded event from the overall scoring calculation.

   #Mixed Relays must consist of two (2) Men and two (2) Women. Split times achieved in these events cannot be used for records and/or entry purposes.

2. **Regulations**

Unless otherwise stated, rules of the latest edition released annually in September by World Aquatics will be uniformly adopted.

3. **Overall Scoring**
   a) The first to eighth positions of each event will be awarded by distributing 9, 7, 6, 5, 4, 3, 2, 1 point(s) accordingly; points will be doubled in the relay.
   b) For athletes that are tied in the same position, the respective athletes will be credited with an average of points awarded to that position and the following position.
   c) When there is more than one athlete in the 8th position, the respective athletes can only obtain the average of points of the 8th position.
   d) The Mixed 4x50m Freestyle relay serves as a trial event and will not contribute to the overall scoring calculation.

4. **Entries**

Each institution must complete the Athlete Enrollment Form, Entry Form and submit it to the Convenor before the submission deadline. After the enrollment, changes of athletes are not allowed (Except for the typos as approved by EC). The form must be signed by the Council Member with the institution stamp.

5. **Enrollment criteria**
   a) All athletes must be born between 1st January 1990 and 31st December 2008.
   b) All full-time postgraduate and undergraduate/associate degree/higher diploma or equivalent students of member institutions are eligible to compete in the Inter-varsity competitions.

6. **Referees**

The Organizing Committee will recruit referees and arrange adjudication officials.

7. **Withdrawal**

Relay team name list for the AM session relay event must be submitted before 9:30 am and for the PM session relay event before 2:00 pm on the day of the aquatic meet.

8. **Protests and Appeals**
   a) In case of disputes during the competition concerning the technical rules and their interpretation, decisions should be made by the referees without discussing with the athlete(s) involved.
   b) When an athlete would like to appeal after the competition, the signature of a Council Member or an Executive Committee Member and a deposit of HK$1,000 should be submitted to the Organizing Committee within 30 minutes after the announcement

of the result of the event concerned. The Organizing Committee will review and assess the case with the Board Members of the Appeals Committee and announce the judgment of the appeal within 30 minutes from receipt of the appeal letter. This judgment will be final. The deposit will only be refunded if the appeal is substantiated and successful.

9. **Weather**

In case of adverse weather conditions, the convenor has the right to decide whether the event should be held as scheduled.

10. **By-laws and Rules**

a) The calculation method on the "Most Valuable Players" for Men's & Women's: participant(s) with the highest score from individual events in the Men's and Women's Group will be the respective "Most Valuable Player".

b) Scoring method:

The points obtained in individual events;

If a tie occurs, the number of gold medals obtained in individual events;

If a tie occurs, the number of silver medals obtained in individual events;

If a tie occurs, the number of bronze medals obtained in individual events;

If a tie occurs, the number of new records set;

If a tie occurs, the calculation on the "Hong Kong Swimming Long Course Point Score" of time will be included (according to the criteria announced by the Hong Kong Amateur Swimming Association in September of the respective year); the athlete with the higher points higher will be ranked first;

If a tie occurs, the results of the relay races will be counted;

If a tie occurs, the overall ranking of his/her institution will be counted.

c) The Organizing Committee reserves the right to modify the rules and regulations of this competition at any time for improvement. All modifications will be submitted to the Executive Committee for approval before execution